

# „Critical Habit,,

**Paesi partecipanti:** 8 Paesi europei

**Date:** dal 6 al 13 ottobre 2019

**Luogo:** Riga, Lettonia

**Temi:** Critical thinking

**Numero dei partecipanti:** 3 per ogni Paese

**Età dei partecipanti:** senza limiti di età.

The training course is directed to youth and social workers interested to reinforce their own abilities to think clearly and rationally, understanding the logical connection between ideas. Critical thinking has been the subject of much debate and thought since the time of early Greek philosophers such as Plato and Socrates and has continued to be a subject of discussion into the modern age.

Despite hearing so much about critical thinking all these years, we still couldn't give a concrete definition of it.

*What is it, how do we do it, why is it important, and how can we get better at it?*

Critical thinking is just deliberately and systematically processing information so that you can make better decisions and generally understand things better.

We can run into problems, though, when we let our automatic mental processes govern important decisions. Without critical thinking, it's easy for people to manipulate us and for all sorts of catastrophes to result.

The TC will give some inputs on this theme to interested people and professional youth workers able to improve their skills and competences.

Sei interessato? Clicca allora [qui](#) per ricevere maggiori informazioni!!!